Motonormativity: Implications for Maribyrnong's Future

BikeWest presentation 10/2/25

Who is BikeWest?

- BikeWest is the pre-eminent cycling advocacy group in the west of Melbourne with thousands of members and followers
- BikeWest regularly appears on radio, television and print: ABC radio and 7.30 report, 3AW, The Age, Westsider, Star Weekly
- BikeWest has written over 100 submissions to councils and state government including parliamentary inquiries and successfully obtained numerous grants
- BikeWest regularly organises advocacy rides

Who is BikeWest?



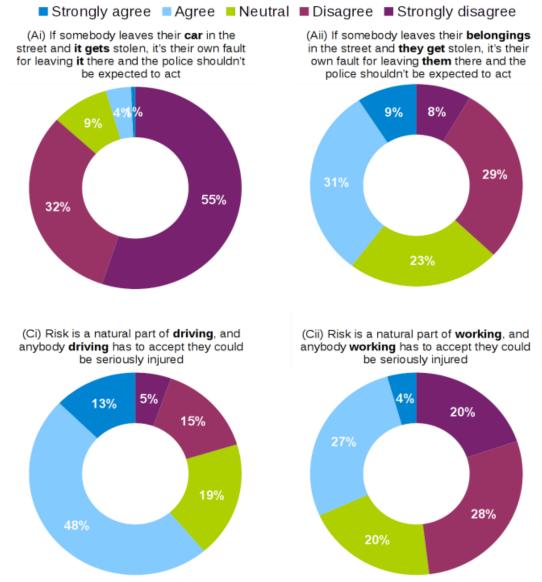
Who is BikeWest?



What is Motonormativity?

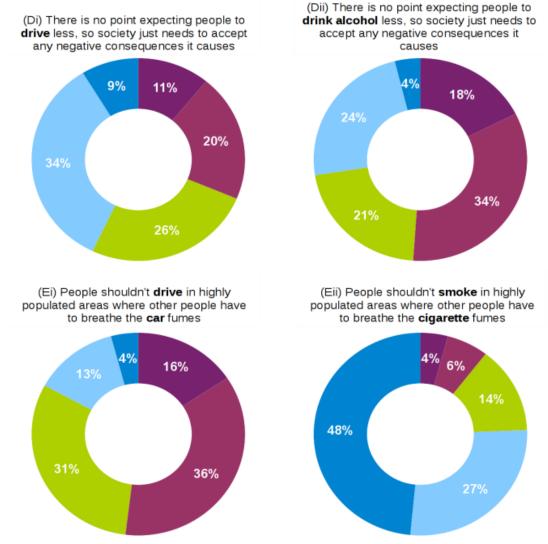
- Refers to social, cultural, and institutional norms that prioritize and privilege carcentric transport over all other modes, eg cycling,
- Determines how people perceive and value different forms of transport and what gets funded and built
- Is rooted in the assumption that owning and driving a car is not only desirable but essential for participation in modern life.
- Consequently \$billions are spent on tunnels and bridges for motor vehicles but almost nothing for cycling

Motonormativity examples



Walker I, Tapp A, Davis A. Motonormativity: how social norms hide a major public health hazard. International Journal of Environment and Health. 2023;11(1):21-33.

Motonormativity examples



Walker I, Tapp A, Davis A. Motonormativity: how social norms hide a major public health hazard. International Journal of Environment and Health. 2023;11(1):21-33.

Wasn't always this way: Murder Machines!!

NATION ROUSED AGAINST MOTOR KILLINGS

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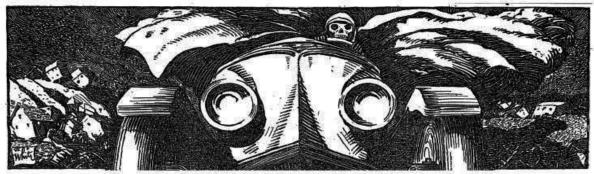
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Secretary Hoover's Conference Will Suggest Many Ways to Check The Alarming Increase of Automobile Fatalities.—Studying Huge Problem



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Pedestrian Like a Rabbit

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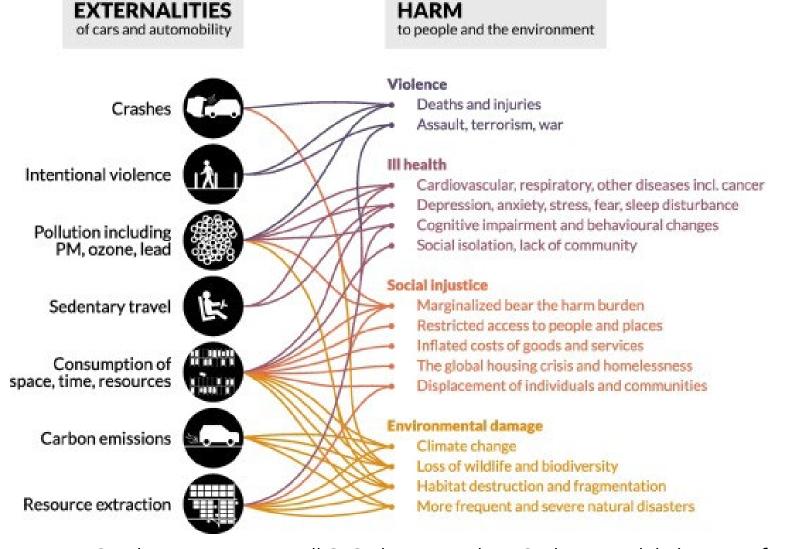
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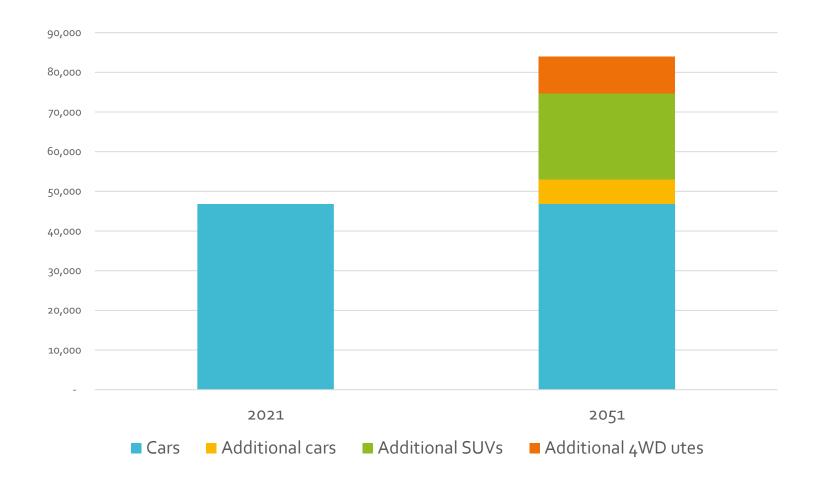
The New York Times November 23, 1924.

Motonormativity Harm



Miner P, Smith BM, Jani A, McNeill G, Gathorne-Hardy A. Car harm: A global review of automobility's harm to people and the environment. Journal of Transport Geography. 2024 Feb 1;115:103817.

Motonormativity implications: Motor Vehicles in Maribyrnong



https://forecast.id.com.au/maribyrnong/
https://profile.id.com.au/maribyrnong/car-ownership?WebID=160

Is this our destiny? NO! Downs Thomson Paradox

The Downs-Thomson paradox* states:

- Motor traffic will increase without limit until the option of public transport (or any other mode, e.g. cycling) becomes faster and more convenient than the equivalent trip by car.
- Most people do not care whether they drive, walk, bike, or take the bus to any location—they just want to get from A to B in the fastest and most convenient way possible.

(*Not really a paradox as is consistent with economic theory)

Mogridge, Martin J. H.; (1990), *Travel in towns: jam yesterday, jam today and jam tomorrow?* Macmillan Press, London

But no one cycles here and other fallacies!!

Cycling Fallacies:

- We're not Dutch or Danish
- Cycling causes congestion
- Cycling is not practical in big cities



Barcelona





69 cyclists, 40 cars, 69 people, 1 bus

New York

Who does cycle?

Cycling types	The strong and fearless (Fearless cyclists)	The enthusiastic and sovereign (Everyday cyclists)	The interested but concerned (Interested Cyclists)	No chance, no matter how!
Characteristics	Uses bicycle always, safe and confident	Drives daily routes, confident but medium safety needs	No everyday mobility by bicycle; concerned about safety but open to bicycle	As a rule, no bicycle use
Driving skills	Excellent control of the bicycle	Confident, partly defensive because of safety	Less confident	Insufficient control over the bicycle, lack of riding experience
Stress tolerance	High	Medium	Low	Very Low

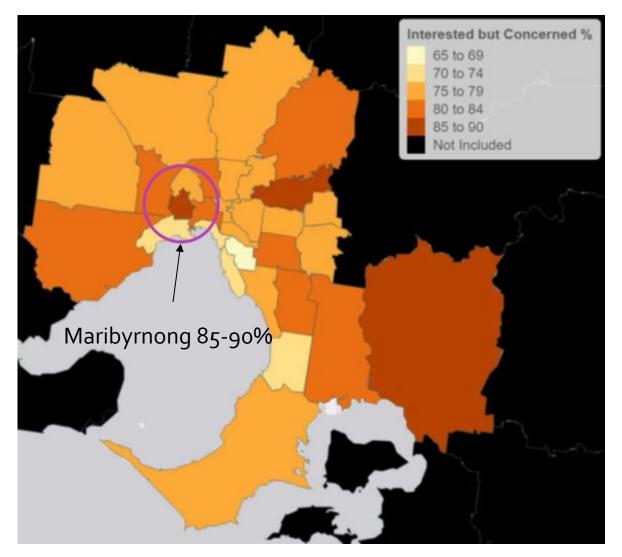
Four Types of Transportation Cyclists in Portland

By Proportion of Population



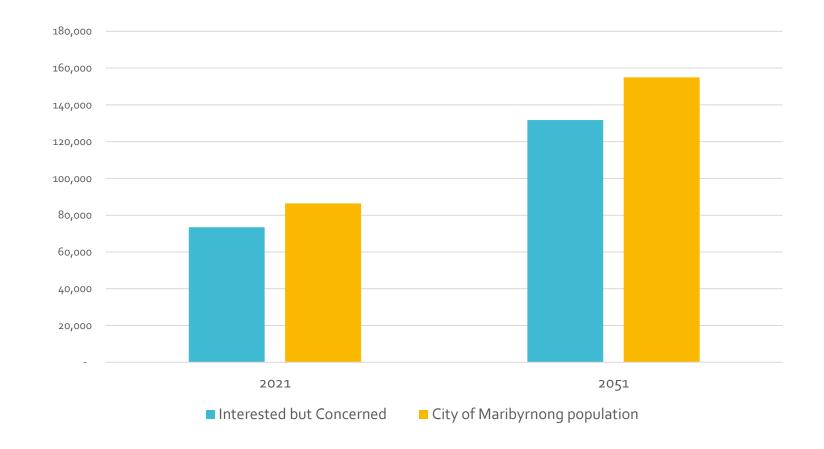
Dill J, McNeil N. Revisiting the four types of cyclists: Findings from a national survey. Transportation research record. 2016;2587(1):90-9.

Who cycles in Melbourne?



Pearson L, Dipnall J, Gabbe B, Braaf S, White S, Backhouse M, Beck B. The potential for bike riding across entire cities: quantifying spatial variation in interest in bike riding. Journal of Transport & Health. 2022 Mar 1;24:101290.

Interested but Concerned in Maribyrnong



By 2051 there will be **130,000** *Interested but Concerned* cyclists in Maribyrnong

https://forecast.id.com.au/maribyrnong/

Downs Thomson Implications

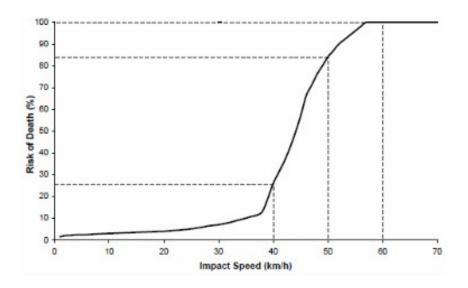
•BUILD THE (SAFE and CONNECTED) BIKE LANES!

- Evidence from all around the world, eg Spain, USA, Colombia, Ethiopia, China, UK etc etc etc if you build SAFE & CONNECTED bike lanes people use them (just like Downs Thomson predicts)
- However, must be suitable for <u>ALL</u> <u>AGES</u> and <u>ABILITIES</u> (AAA)

Safe

Safe System Principles

- People make mistakes which can lead to crashes; however, no one should die or be seriously injured on the road as a result of these mistakes.
- The human body has a limited physical ability to tolerate crash forces any impact greater than 30km/h increases the risk of dying significantly. If speeds are greater than 30kmh, cyclists must be separated.



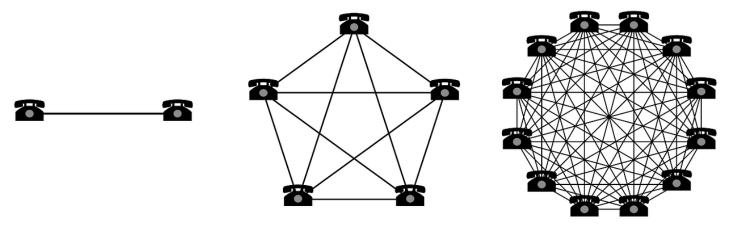
- •Road <u>SAFETY</u> is a <u>SHARED</u> responsibility amongst <u>EVERYONE</u>, including those that design, build, operate and use the road system.
- •All parts of the road system must be strengthened in combination to multiply the protective effects and if one part fails, the others will still protect people.

Tefft BC. Impact speed and a pedestrian's risk of severe injury or death. Accident Analysis & Prevention. 2013 Jan 1;50:871-8.

https://www.towardszerofoundation.org/the-safe-system

Network or Nothing!

- Need to build a <u>NETWORK</u> so people can get from anywhere to everywhere to replace short trips (especially Schools, Shops, Stations and Social/Sport venues SSSS)
- 50% of all trips under 4.2km
- 25% of all trips under 1.6km
- One bike lane in the middle of nowhere offers little benefit. Benefit increases exponentially for each additional connection e.g. telephone network



2 nodes 1 connection

5 nodes 10 connections

12 nodes 66 connections

What's in it for me?
Live longer,
happier and healthier

• Pick any crisis and cycling will be part of the solution (Chris Boardman Greater

Manchester Walking and Cycling Commissioner also Olympic Gold

Medallist)



Patterson R, Panter J, Vamos EP, Cummins S, Millett C, Laverty AA. Associations between commute mode and cardiovascular disease, cancer, and all-cause mortality, and cancer incidence, using linked Census data over 25 years in England and Wales: a cohort study. The Lancet Planetary Health. 2020 May 1;4(5):e186-94.

Local economy:

What's in it for me?
Make more money!

High street walking, cycling & public realm improvements can increase retail sales by up to

30% × 30%

73%

of employees who cycle feel it makes them more productive at work.

Cycle parking delivers
the retail spend
per square
metre than the
same area of
car parking.

Over a month, people who walk to the high street spend up to

40%

more than those who drive to the high street.

Graphic adapted from Walking and Cycling: the economic benefits, Transport for London

Data from Lawlor (2013), Raje and Saffery (2016), TfL (2013) and The Prince's Responsible Business Network (2013)

What's in it for me? Better for the environment Better for drivers

- Environment
 - Reduced air pollution
 - Reduced noise pollution
 - Reduces energy consumption
 - Reduced CO₂ emissions (10x less than electric cars per km, up to 50x less for ICE cars)

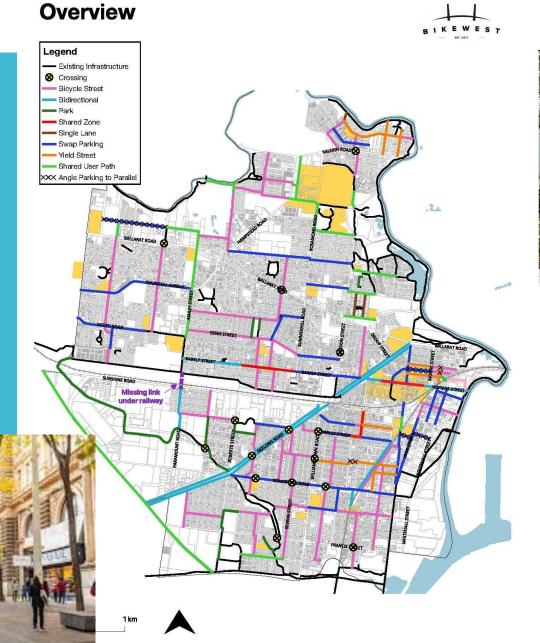
Drivers

 Everyone wins, even car drivers benefit when more people cycle due to reduced congestion, cleaner air, healthier and better-connected community

https://www.sustrans.org.uk/our-blog/get-active/how-does-walking-and-cycling-help-to-protect-the-environment/

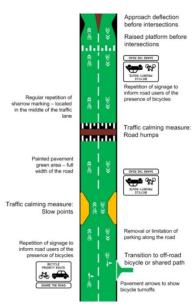
Brand C, Dons E, Anaya-Boig E, Avila-Palencia I, Clark A, de Nazelle A, Gascon M, Gaupp-Berghausen M, Gerike R, Götschi T, Iacorossi F. The climate change mitigation effects of daily active travel in cities. Transportation Research Part D: Transport and Environment. 2021 Apr 1;93:102764.

BikeWest Network





Yield St in Sydney



Bicycle St VicRoads

Easy, moderate, trickier

• Eg EASY WINS:

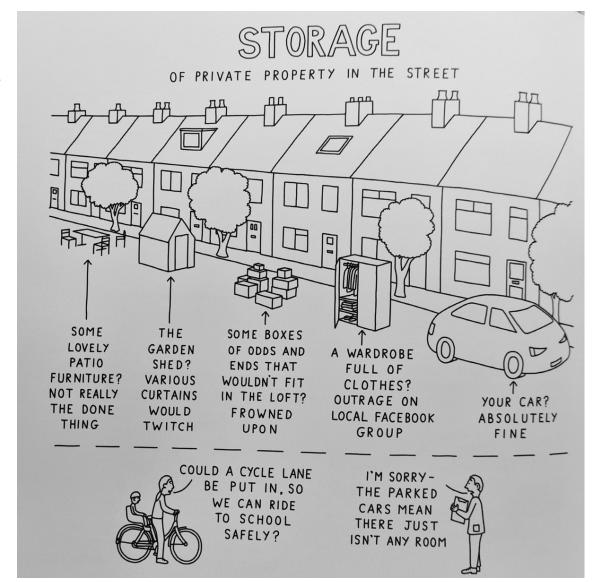
- East 2/3 of Franco Cozzo link
- Birmingham St behind car parking between park and Goulburn St (possibly train station)
- Mephan St swap parking and bike lanes
- Pickett St swap parking and bike lanes
- Robbs Rd swap parking and bike lanes
- Donald St swap parking and bike lanes
- Nicholson St north of Donald St swap parking and bike lanes
- Churchill Ave swap parking and bike lanes
- Hyde St swap parking and bike lanes
- Charles St east of Victoria St, swap parking and bike lanes

- Pilgrim St east of Victoria St, yield street
- Pilgrim St west of Victoria, swap parking and bike lanes
- Anderson St west of Fehon St swap parking and bike lanes
- Anderson St east of Fehon St bicycle St
- Limit on street parking on Barkly St west of WeFo to afterhours only, replace painted bike lane with raised kerb
- Barkly St east of WeFo swap parking and bike lanes
- Fix up intersections of existing bike path along Ashley St ie make them at grade
- South Rd Braybrook swap parking and bike lanes
- Beachley st swap parking and bike lanes
- Essex St east of Eleanor, swap parking and bike lanes
- River St convert footpath to SUP

Why don't we?

Motonormativity!

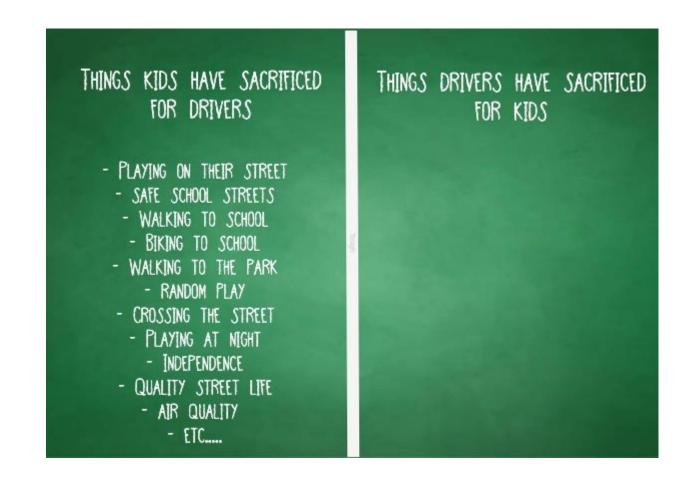
 EG the prioritisation of storage of private property (motor vehicles) in public spaces over everything else



• EG the wildly different acceptance of risk for different modes



• EG the lack of consideration of kids' needs



• EG the logic defying random ending of bike lanes





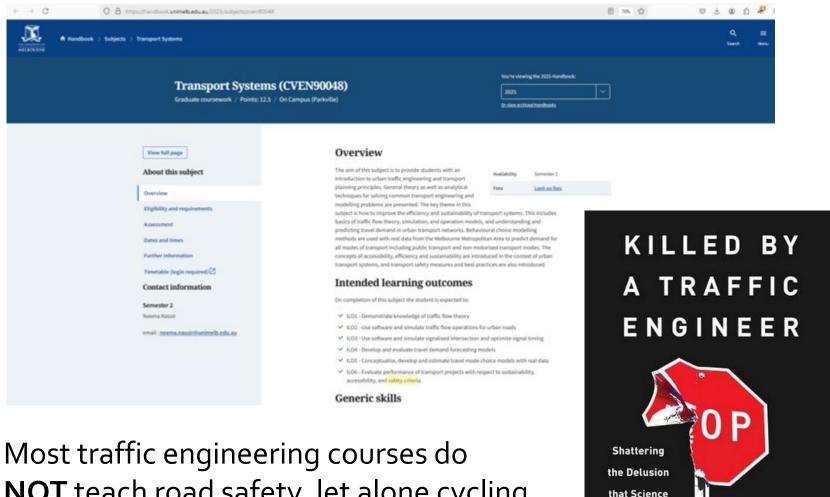
• EG the refusal to reallocate any space from motor vehicle lanes



• EG the inability to see irony



Why don't we? Traffic Engineers are **NOT** safety or cycling experts!



WES

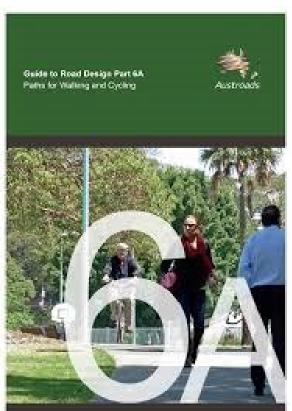
MARSHALL

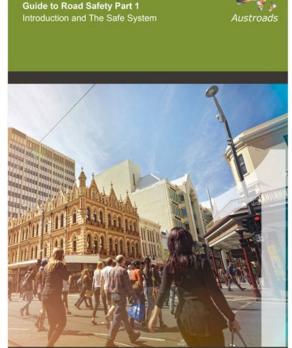
Underlies Our

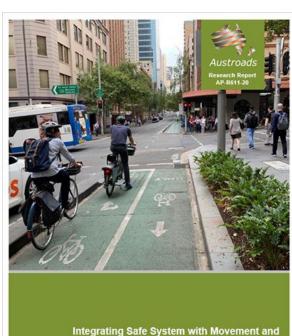
Transportation System

Most traffic engineering courses do **NOT** teach road safety, let alone cycling infrastructure.

Why don't we? Traffic engineers are **NOT** safety or cycling experts. Guidelines from the Jurassic!







Place for Vulnerable Road Users

Austroads Guide Part 6A 2016. Key references are from 1977 and 1991!!!! Latest AASHTO guide 5th edition published Jan 2025 "<u>roadways should</u> <u>accommodate bicyclists and those facilities should be accessible to people of all ages and abilities, connected, and prioritized"</u>

Cross, KD & Fisher, GA 1977, A study of bicycle/motor-vehicle accidents: identification of problem types and countermeasure approaches, DOT-HS-4-00982, National Highway Transport Safety Administration, Washington, DC, USA

AASHTO 1991, *Guide for the development of bicycle facilities*, American Association of State Highway and Transportation Officials, Washington DC 3rd edn

Why don't we? Traffic engineers stuck in old paradigm

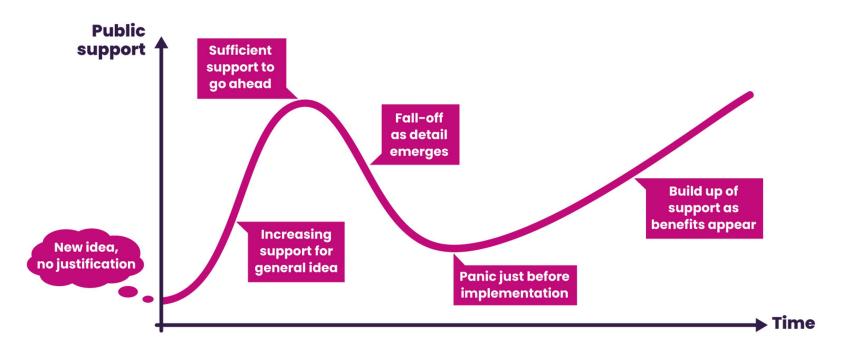
Conventional vs. Safe System Approaches



	Conventional	Safe System	
What is the problem?	Accidents	Fatalities and Serious Injuries	
What causes the problem?	Speeding, drink driving, inattention, deliberate risk taking	System Failures	
Who is ultimately responsible?	Individual road users	System designers and operators	
What is the major planning approach?	Incremental approach to reduce residual crashes	A systemic approach to build a safe road system and minimise the harm	
What is the appropriate goal?	"Optimum number of fatalities and serious injuries" based on competing objectives	Virtual elimination of death and serious injuries	
What is the trade-off?	A balance between mobility and safety	Maximising safe mobility	
How is the effort coordinated?	Incremental gain within individual pillars (roads / speeds / vehicles / people)	Optimise solutions across pillars (roads / speeds / vehicles / people) – pillars compensate for each other	
What are the cultural manifestations?	Legal liability avoidance and risk aversion	Experimental: Risk assessment, innovation, trials and demonstrations	

Source: Austroads AP-560-18 Table 2.6: Differences between the conventional and Vision Zero approach to road safety. Adapted from Swedish Transport Administration. (2015). Dr. Matts Ake-Belin [Powerpoint slides] and Austroads

Why don't we? The Roller Coaster of public support



Source: Goodwin P (2006) The gestation process for road pricing schemes, Local Transport Today LTT444, 1.6.2006.

Who's getting past the dip?



Bangkok Thailand



Houston USA



Santiago Chile



Addis Ababa Ethiopia



Getting past the dip in Maribyrnong

- Pilots and Trials, measure key data before and 1-2 years after
- Council concierges, Regular, sincere, engagement with different groups about benefits
- Positive messaging, "Not closing roads, opening them to walking and cycling"
- Be willing to tinker, won't get it right first time
- Be a visionary

Where to from here?

•BUSINESS AS USUAL:

- •Congestion- 60% more motor traffic by 2050
- More air pollution
- More climate change
- More physical and mental ill health
- Smaller local economy
- More serious injuries and death

OR.....

- •BETTER FUTURE: BUILD THE BIKE LANES
 - ·Happier, healthier, more connected community
 - Better environment
 - Better local economy
 - Reduced serious injuries and deaths